

Student Handout 2.1—The Spread of Islam

A Slow Process. In the century after Muhammad's death, Muslims conquered territory "from the Atlantic to the borders of China." Many students reading this often wrongly imagine that this huge region instantly became "Islamic," meaning that most of the people living in those lands quickly became Muslims. To the contrary, the spread of Islam in these vast territories took centuries, and Muslims made up a small minority of the population for a long time. In other words, the expansion of territory under Muslim rule happened very rapidly, but the spread of Islam in those lands was a much slower process. There are several kinds of historical evidence of this gradual conversion process that we will examine in this lesson.

"Let there be no compulsion in religion." The Qur'an specifies, "Let there be no compulsion in religion" (2: 256). This verse states that no person can ever be forced to accept religion against his or her will. It tells Muslims that they cannot force people to convert to Islam. Muhammad set a precedent as the leader of Madinah. Under his leadership, the Muslims practiced tolerance towards those of other religions. They were signers of the Constitution of Madinah and of treaties with the non-Muslim groups. According to tradition, Muhammad often discussed religious ideas with the Jews, Christians, and polytheists (believers in many gods), and he heard their questions about his teachings. The Qur'an records some of the questions that people put to Muhammad, and his replies. Muslim leaders after Muhammad were required to be tolerant, based on the authority of both the Qur'an (in this and many other verses), and the Sunnah, that is, custom practiced by Muhammad or by early members of the Muslim community.

With some exceptions, Muslim leaders have adhered to this precedent over time. One major type of evidence for tolerance by Muslim political leadership is the persistence of many religious minorities in the lands Muslims have ruled. Spain is one example, where Christians and Jews lived and worshipped under Muslim rule and contributed to the society in many ways. The writings of well-known Jewish and Christian scholars, physicians, scientists, and artisans still exist. After the expulsion of Jews and Muslims from Spain following the conquests of Ferdinand and Isabella, Jews settled in North Africa under Muslim rule. They were also invited by the sultan of the Ottoman empire to settle in Istanbul. Some of these communities still exist today. In Lebanon, Syria, and Turkey, for example, Christian and Jewish groups that pre-date the coming of Islam still exist, as do the Coptic Christians in Egypt, after 1400 years of Muslim rule there.

Becoming Muslim. Muhammad preached Islam at Makkah and Madinah in Arabia for about twenty-three years, while he received revelation of the Qur'an, according to Islamic teachings. For the first ten years (612 to 622 CE), he preached publicly at Makkah. After the migration to Madinah he preached for ten years, until his death in 632, only in his own house—the first *masjid* (mosque)—to people who came to hear him. Preaching in houses or in the *masjid* became the pattern in Islam.

To accept Islam, a person only has to make the profession of faith (*shahada*) in front of two or more witnesses. Even after a person has accepted Islam, he or she may take a long time to learn and apply its practices, going through many different stages or levels of understanding and practice over time. As Islam spread among large populations, this process was multiplied.

Different individuals and social classes may have had different understandings of Islam at the same time. Also, many local variations and pre-Islamic customs remained, even after societies had majority Muslim populations for a long time. These differences have been a source of diversity among Muslim societies and regions.

Growth of Muslim population. It is quite easy to map the large territory ruled by different Muslim political groups, or to illustrate the expansion of an empire. We can shade in areas of a map, and we can track the dates of Muslim rulers and dynasties from the time of Muhammad to the present day. It is more difficult, however, to understand why historians speak of a geographic area as a “Muslim region,” “Muslim society,” “Muslim civilization,” or even “the Islamic world.” At a minimum, such terms must mean that most of the people who lived in those places considered themselves to be Muslims, that is, people who believed in the religion called Islam. By what point in time did the majority of people in those places accept Islam, and how rapid was its spread? What effect did the gradual or rapid spread of Islam have on language, customs, art, and politics? How did the fact that many people were converting to Islam relate to the development of Muslim culture and civilization? We know, of course, that substantial numbers of people in those regions continued to practice the faiths they had belonged to before Islam, including Jews, Christians, Zoroastrians, Buddhists, Hindus and others. The social contributions of people of these religions continued under Muslim rule. As these former majorities became minorities, how were they affected? How did the presence of a large region in which the majority of its inhabitants were Muslim affect adjoining regions where the majority accepted other faiths?

The process of conversion. In the decades after Muhammad’s death, nearly all of the inhabitants of Arabia accepted Islam, except Christian and Jewish communities, which were allowed to continue practicing their faiths. As Muslim rule extended into regions beyond the Arabian tribal system, however, *khalifas*, that is, the successors of the Prophet as leaders of the Muslim community, did not encourage conversion to Islam among the populations of newly conquered areas.

Nevertheless, during the early caliphates (632–750) non-Arabs began to accept Islam. Conversion took place at first among the lowest classes of people. Men and women migrated to Muslim garrison cities to look for jobs and to offer their services to the ruling group. Learning about Islam in these centers, some converted and expanded the Muslim population. These migrants became associates, or *mawali*, of Arab tribes, a traditional method of integrating outsiders. Some migrant Arab and *mawali* converts founded families that later made important contributions in preserving and spreading Islamic knowledge. They became scholars of Islamic law, history, literature, and the sciences. In this way, Islam spread in spite of the policies of political rulers, not because of them.

During the years of the Umayyad Caliphate (Umayyad dynasty) from 661–750 CE, the overwhelming majority of non-Arab populations of the empire, which stretched from Morocco to Inner Eurasia, did not practice Islam. Toward the end of that time, the North African Berbers became the first major non-Arab group to accept the faith. Within a few centuries, Christianity disappeared almost completely in North Africa (today’s Tunisia, Algeria, and Morocco), though Christian groups persisted in many other Muslim regions. Jews remained as a small minority, with many living in Muslim Spain. The spread of Islam among Iranians and other peoples of

Persia was the second major movement, beginning about 720 CE. Both of these early groups of converts caused problems for the central government. In North Africa, Berbers set up an independent caliphate, breaking up the political unity of Islam. In Persia, the revolution arose that replaced the Umayyad with the Abbasid dynasty in 750, though only a small proportion of the population of Iraq (ancient Mesopotamia, centered on the Tigris-Euphrates valley) had at that time accepted Islam. From then, however, Islam was no longer the religion of a single ethnic or ruling group, and the rates of conversion climbed more rapidly in lands under Muslim rule.

For example, Arab Muslim forces conquered Egypt in 642, but by 700 few Egyptians had become Muslims. By 900 CE, about fifty percent of the population was probably Muslim, and by 1200, more than 90 percent. In Syria, Islam spread even more slowly. There, the 50-percent mark was not reached until 1200, nearly six hundred years after the arrival of Islam. Iraq and Iran probably reached a Muslim majority by around 900 CE, like Egypt. In much of Spain and Portugal, Islam became established in the 500 years following the initial conquests of 711 CE, though it may never have become the majority faith. After Spanish Catholic armies completed the conquest of the Iberian Peninsula in 1492, many Muslims and Jews were either expelled from Spain or converted to Christianity. Islam continued to exist, however, until after 1600. As in Spain and Portugal, Islam withered away in Sicily, the Mediterranean island that Muslims had conquered in the ninth century.

In Persia, Inner Eurasia, and India, Muslim law treated Zoroastrians, Buddhists, and Hindus just as it treated Jews and Christians. Muslim rulers offered adherents of these religions protection of life, property, and freedom of religious practice in exchange for the payment of a tax, as an alternative to military service. In Sind (northwestern India), the Buddhist population seems to have embraced Islam in the eighth and ninth centuries. Buddhism disappeared entirely in that region. Hinduism, however, declined there more slowly than Buddhism did.

All of the lands described above had Muslim rulers. After the decline of the unified Muslim empire—from about 750—Islam gradually spread to lands outside the boundaries of Muslim rule. After 1071, Anatolia (or Asia Minor), which makes up most of modern Turkey, came under the rule of Turkish animal-herding groups that had become Muslims. Islam spread gradually for centuries after that, and when the Ottoman Turkish empire enfolded much of southeastern Europe in the mid-fourteenth century, most Albanians and Bosnians, as well as some Bulgarians, became Muslims.

Continuing Spread. Beginning in 1192, other Muslim Turkish military groups conquered parts of India, including most of the north all the way to present-day Bangladesh, which borders the Bay of Bengal. The number of Muslims in India gradually increased from that time. The people of Bangladesh had been Buddhists, but beginning about 1300, they rapidly embraced Islam. Elsewhere in India, except for Punjab and Kashmir in the far northwest, Hinduism remained the religion of the majority.

In South India and Sri Lanka, both merchants and Sufi preachers, that is, followers of mystical Islam, spread the faith. By 1300, traders and Sufis also introduced it to Southeast Asia. Over the next two centuries, Islam spread from Malaysia to the great archipelago that is today Indonesia.

Entering a region where Buddhism, Hinduism, and local polytheist religions existed, Islam required several centuries to become well established.

In Inner Eurasia beginning in the eighth century, Islam gradually spread to the original homelands of the Turkic-speaking peoples until it became the main religion of nearly all of them. Islam also spread into Xinjiang, the western part of China, where it was tolerated by the Chinese empire. Islam entered southern China through seaports, such as Guanzhou, the city where the earliest *masjid* exists.

Africa. Before 1500, Islam spread widely in sub-Saharan Africa. Before 1000 CE, the first major town south of the Sahara that became majority Muslim was Gao, a commercial center located on the Niger River in Mali. Over the centuries, many other rulers and parts of their populations followed this pattern. By 1040, groups in Senegal had become Muslims. From there, Islam spread to the region of today's Mali and Guinea. Muslims established the kingdom of Mali in the thirteenth century and the Songhai empire from 1465 to 1600. Farther east, Kanem-Bornu near Lake Chad became Muslim after 1100. In West Africa, like Turkestan, India, and Indonesia, traders and Sufis introduced Islam. When rulers accepted the faith, numerous Muslim scholars, lawyers, teachers, and artisans migrated into the region to help build Muslim administration and cultural life. African Muslim scholars became established in major towns like Timbuktu, where they taught and practiced Islamic law as judges. By 1500, Islam was established in West Africa in a wide east-west belt south of the Sahara. Local polytheistic religions remained strong, however, and Islam did not become the majority faith in this region until the nineteenth century.

In East Africa, traders spread Islam along the coast beginning at least by the tenth century. By the fourteenth century, the numerous commercial city-states along the coast from today's Somalia to Tanzania were predominantly Muslim. In the Sudan, south of Egypt, the population of Nubia gradually became Muslim during the fourteenth century, through immigration of Muslim Arab pastoral groups and because Christian rule became weak in that region.

Strong Governments and the Spread of Islam. By understanding that the expansion of Muslim rule was different from the spread of Islam, we can see an interesting trend. Ironically, Islam has spread most widely and rapidly among populations at times when Muslim rule was weaker and less unified. When Muslim political regimes were decentralized, disunited, or completely absent, Islam as a religion flourished and often spread to non-Muslims. Influence by traders and Sufis and influence of Muslim scholars, lawyers, and artisans in the cities aided the spread of Islam to new areas. On the other hand, the Ottoman Empire in southeastern Europe, or the Sultanate of Delhi, and the later Mogul empire of India had little success in spreading Islam, though they did gain territory. Non-Muslim populations seem to have viewed these powerful, tax-gathering Muslim rulers negatively, and so they resisted conversion to Islam. Whoever did embrace Islam in such circumstances, if not for material gain, usually did so because of the efforts of merchants, teachers, and traveling Sufi preachers, who were not part of the government.

Study Questions:

1. In what important way was the conquest of territory by Muslims different from the spread of Islam?

2. How many centuries do historians think it took from the time Islam was introduced until it became the religion of the majority population in Egypt, Syria, Iran, and Spain?
3. To which regions did Islam spread mainly as a result of trade and travel?
4. How might laws tolerating other religions have affected the spread of Islam among the population?
5. Construct a simple time line tracing the spread of Islam using the dates in the text above.
6. Locate the regions mentioned in the text on a map, and make labels showing the dates when 1) Islam was introduced there and 2) when it embraced a majority of the population. Compare your map with Student Handout 2.3 map.